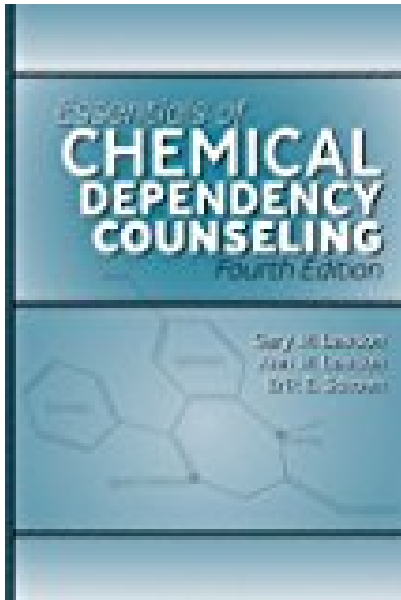


# Essentials of Chemical Dependency Counseling

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## BOOK DETAILS

- Author : Gary Lawson
- Pages : 456 Pages
- Publisher : Pro ed
- Language : English
- ISBN : 1416406913



## **BOOK SYNOPSIS**

The fourth edition of this well-known, evidenced-based text presents new ways of thinking about and addressing problems related to chemical dependency treatment and prevention. Essentials of Chemical Dependency Counseling explores the full range of issues that face today's counselors and counselors-in-training. Three new chapters include help for aspiring counselors trying to negotiate the complex path of certification and licensure, an in-depth look at different types of psychopharmacology, and a review of evidenced-based practices for treating substance use disorders. Other updates include assessing readiness to change, couples counseling and chemical dependency, other addictions, uniting harm reduction and traditional treatment, and relapse prevention. The use of chapter objectives and discussion questions and the availability of an e-book instructors manual make this an ideal textbook for use in chemical dependency counseling courses in programs of psychology, family therapy, and social work.

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