

More Braai the Beloved Country



BOOK DETAILS

- Author : Jean Nel
- Pages : 160 Pages
- Publisher : Jacana Media
- Language : English
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BOOK SYNOPSIS

The word braai is Afrikaans for “barbecue” or “grill,” and in Braai the Beloved Country, Jean Nel shares his favorite braai recipes from 15 years of cooking, training, and catering. Showing that the braai is so much more than just steaks and boerewors—a type of sausage—the book contains the secrets of cooking everything from a perfect tjoppie, or chops, to breads and salads. Not only does it present a host of delicious and unexpected recipes, the book goes beyond just cooking, covering everything you need to know about the braai including the tools you’ll need and their maintenance.

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