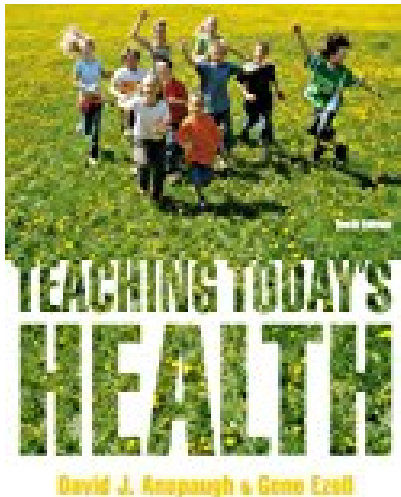


Teaching Today's Health 10th Edition



BOOK DETAILS

- Author : David Anspaugh
- Pages : 552 Pages
- Publisher : Pearson
- Language : English
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BOOK SYNOPSIS

This is the eBook of the printed book and may not include any media, website access codes, or print supplements that may come packaged with the bound book. Teaching Today's Health, Tenth Edition, balances comprehensive theory with a wealth of effective classroom activities to give you the tools you need to become successful health educators. This book's strong background and depth in teaching methods prepares you for the challenges of today's teaching environment. Meaningful content enhancements include expanded coverage of bullying and obesity, body systems, and substance abuse and a new Creativity in the Classroom feature and an Index of Strategies). Important currency updates include a significantly updated nutrition chapter with new MyPlate and 2010 Dietary Guidelines and more technology coverage. Helpful Companion Website include all Worksheets available in PDF form, for easy copying to hand out to students in class, and a new easy-t-reference Glossary. Priced significantly less than other books in the market, this attractive two-color book provides great value to you.

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