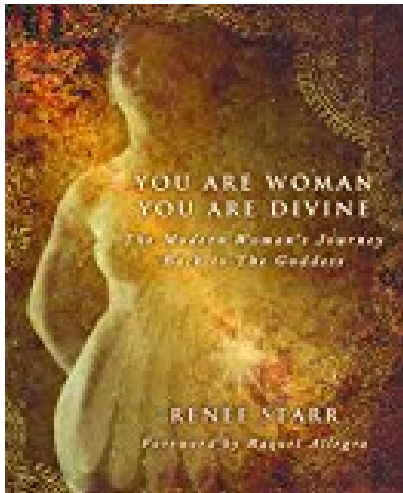


You Are Woman You Are Divine The Modern Womans Journey Back to The Goddess



BOOK DETAILS

- Author : Renee Starr
- Pages : 352 Pages
- Publisher : Over and Above Creative
- Language : English
- ISBN : 0990792471

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BOOK SYNOPSIS

The modern woman often doesn't know herself as a goddess; her feminine energy is out of balance and her divine essence goes unnoticed. We are now entering a new time The Age of Woman, when women throughout the world are looking for ways both ancient and new, to awaken their feminine essence which will in turn balance the masculine essence of the world. This inspiring, poetic and magically potent book will entice women of all ages to explore and activate their relationship with the divine, feminine and most sacred part of themselves-- The Goddess within them. In *You Are Woman, You Are Divine, Back to the Goddess* founder and master mythologist Renee Starr takes women on an enchanting, empowering journey. In Part 1 of the book, she leads readers back through history to revisit the reverence for women that every ancient culture possessed. From the dawn of pre-history, women were perceived as holy, sacred, and divine incarnations of the Great Mother Goddess. Powerful figures full of strength, wisdom, and leadership, women were the keepers of the human race, from which all life flowed. In Part 2, Starr retells in mesmerizing narrative seven of the greatest goddess myths from ancient cultures around the world: Ancient Egypt, Africa, India, Tibet, Ancient Greece, Lakota, and the Judeo-Christian Bible. Each myth presents a quality that modern women can restore back into their lives: Lilith (Power), Yemaya (Creativity), Tara (Stillness), Rada (Passion), Cassandra (Voice), White Buffalo Calf Woman (Wisdom), and Eve (Awakening). Accompanying each myth are anointing, bathing and lunar rituals, instructions for altars, invocations, meditations, and more to deepen their connection to their own inner goddess-self and inspire living the Goddess Lifestyle. In Part 3, Starr shows women how to integrate the teachings of the Divine Feminine into everyday life, honoring the sacredness of their body and how to be in energetic, feminine balance. *You Are Woman, You Are Divine* offers fresh, new ways for women to embrace their ancient and sacred traditions. It uplifts the spirit of any woman from young womanhood to her elder, wisdom years. It honors the Feminine spirit that all women can celebrate in themselves to rebalance the world. Readers will live more fulfilled lives and feel more confident, free and feminine becoming the goddesses on earth they were meant to be. Beautifully designed & illustrated; includes a foreword by Raquel Allegra, noted fashion designer."

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